



Zorg met Goede Voeding

Daily menu

Summer 2023

Weekly Menu

Week 1 ✓
Fried rice with scrambled eggs
Oriental chicken
and satay sauce

Week 2 ✓
Lasagna

Week 3 ✓
Stew with cashews
and brown rice

Week 4 ✓
Bobotie, green beans
and yellow rice

✓ = vegetarian possible

Monday

Soup
Vegetable soup ✓

Side dish
Hawaii salad

Main course
Braised salmon
or chickpea sausage ✓
Chive cream sauce
Carrots
Boiled potatoes

Fruit / dessert
Apple
Strawberry yoghurt curd

Tuesday

Soup
Homemade tomato soup ✓

Side dish
Coleslaw

Main course
Blade stake
or quiche ✓

Gravy
Cauliflower
Baked potatoes

Fruit / dessert
Kiwi
Custard with raspberries

Wednesday

Soup
Vegetable broth ✓

Side dish
Tomato salad

Main course
Roast chicken
or stuffed paprika ✓
Satay sauce
Variety off vegetables
Brown rice

Fruit / dessert
Melon
Greek yoghurt
with honey

Thursday

Soup
Chicken soup

Side dish
Fiësta salad

Main course
Couscous salad ✓
with fried chicken filet

Fruit / dessert
Pineapple
Lemon curd

Friday

Soup
Mustard soup ✓

Side dish
Cucumber salad

Main course
Fried codfish with
Ravigote sauce
or mushroom ragout ✓
Peas
Potato puree

Fruit / dessert
Blue grapes
Curd
with water melon compote

Saturday

Soup
Beef broth

Side dish
Colorful salad

Main course
Chicken meatball
Or meatballs ✓

Garden herb sauce
Broccoli
Whole wheat Penne pasta

Fruit / dessert
Pear
Curd with rhubarb compote

Sunday

Soup
Clear mushroom soup ✓

Side dish
Confetti salad

Main course
Herbal omelet ✓

Cream sauce
Green beans
Baked potatoes

Fruit / dessert
Orange
Blueberry yogurt

Want to order? Call 4401

The customer service
employee will be
happy to help you.
We deliver the meal
within 45 minutes.
Ordering is possible
between 07:00 a.m.
and 06:15 p.m.

Enjoy your meal!

Ziekenhuis
Gelderse
Vallei

